

Explore the Greek Islands Aboard a Catamaran with Skipper and Hostess

🍴 Half board

🌙 8 days, 7 nights

📍 Departure Marina Alimos - Kalamaki (Greece)

Sail Your Myth has put together a cruise that is tailored to your every need, allowing you to discover Greece and its enchanting surrounding islands. To avoid the flood of tourists as well as the Meltemi wind, which is particularly strong in the Cyclades during the summer months, Sail Your Myth is taking you to discover the Saronic Gulf, departing from Athens. This 7-day tour is ideal for exploring this marvellous destination and for those hoping to improve their sailing knowledge.



Price includes

- Accommodation in a double cabin with bathroom and private toilets.
- Half board (7 breakfasts, 6 lunches, 1 dinner and snacks).
- Breakfast on day 8 will be self-served cold breakfast.
- Drinks: water, coffee, tea, wine or beer for lunch.
- Crew services: skipper and hostess.
- Bed sheets and towels.
- Water sports on board: fins, mask, snorkel, and Stand-up paddle.
- Wifi connection (depending on the navigation areas).
- Air conditioning (on average 2-4h/day when the boat is not sailing).
- Port fees.
- Fuel for the yacht and the outboard engine.

Price does not include

- Flights
- Round trip transfers between the airport and the boat (taxi about 50€)
- Alcoholic drinks (excluding wine or beer served with meals)
- Dinners (except the fourth day in Dokos)
- Cash onboard (mandatory) to be paid in cash on site (400€/cabin)
- Tips for the crew: 10% of the amount of the cruise

Itinerary of your cruise

To avoid the flood of tourists as well as the Meltemi wind, which is particularly strong in the Cyclades during the summer months, We have put together a 7-day itinerary for the Saronic Gulf, enabling you to discover some of the Mediterranean's most beautiful gems. We've kept cruising and navigation periods short and confined to the morning to let you make the most of the destinations, the local culture and of course... to give you time to relax. This cruise is sure to keep everyone happy!

Athens → Poros → Hermione → Spetses → Dokos → Hydra → Perdika → Athens

Day 1: Athens - Poros (about 30 nautical miles)

The crew will meet you at 14:30 at the Alimos Kalamaki marina. Your boat is located on pontoon 9, between place 914-927. You will be welcomed with a welcome drink before attending the briefing of your skipper and leaving the moorings around 3pm. A lunch prepared with local produce will be served during the crossing. You will anchor in Poros at the end of the day. This island will seduce you with its old-fashioned charm and pastel-coloured houses and traditional taverns. Dinner at your leisure.

Day 2: Poros - Hermion (about 21 nautical miles)

You will leave Poros and head for the Tselevinia Islands for a relaxing stop. You can take the opportunity to jump into the blue waters and take a dip before lunch. You set sail again towards the south of the Peloponnese. You will stop at Hermione, a fishing village, mentioned by Homer in the "Catalogue of Ships". Once ashore, you will have free time to explore each alley of the old town. Dinner at leisure.

Day 3: Hermione - Spetses (about 11 nautical miles)

You set sail again towards Spetses, an island with a sweet jasmine scent, very popular among Athenian high society. You will anchor in the old port before exploring the island on foot or even by horse-drawn carriage. You can discover the lively district of Dapia, with its shops, cafes and restaurants, and also see the impressive Poseidonion Hotel built in 1914 to develop tourism. Dinner at your leisure.

Day 4: Spetses - Dokos (about 5 nautical miles)

Breakfast, then departure for Dokos, a wild and uninhabited island completely untouched by tourism. A favourite place for sailors, its idyllic anchorages, such as the bay of Skintos, will make for an enchanting stopover. Take a seat around the table and enjoy the delicious local dishes prepared by your hostess, then get out your fins, mask and snorkel to observe the extraordinary sights under the water. Dinner on board.

Day 5: Dokos - Hydra (about 7 nautical miles)

The crew hoists up the anchor and heads to one of Greece's most beautiful islands, Hydra. You will appreciate the peaceful atmosphere that prevails on this island where motor vehicles were banned years ago. As your day is free, you can explore the island at your own pace and discover the Assumption Monastery, the Museum of Archives and many others. Climbing to the top of the hill overlooking the city, you will have a breathtaking view of the port. At the end of the day, the colors are even more spectacular. Lunch and dinner at your leisure.

Day 6: Hydra - Perdika (about 22 nautical miles)

Your cruise continues a little further north. You will stop in Perdika, a charming fishing village located southwest of Aegina. Its rocky beaches are beautiful. We recommend you pick a spot on one of them and take a swim or relax under the warm sunshine. You can taste delicious local seafood by visiting the fish market which is located near the port. This evening you will enjoy dinner at your leisure while admiring the sunset.

Day 7: Perdika - Athens (about 21 nautical miles)

Why not start your day with a morning swim? You will spend the morning on Moni (nature reserve, located just 1 mile from Perdika) and meet hundreds of peacocks, unique inhabitants of the island. Moni's crystal-clear water is perfect for a snorkelling session. After lunch, it will be time to set sail again for Athens. You will dock at the marina around 18:00. To end your trip in style, we recommend a short getaway to the ancient city to visit Acropolis and its archaeological treasures. Dinner at your leisure.

Day 8: Athens

Your disembarkation is scheduled after breakfast, around 9am.

Please note: It is possible that your crew will not be present on board for the last night at dock. Indeed, the crew enjoys spending time in a real bed between cruises. In this case, the skipper will give you all necessary instructions to follow to have your cold breakfast before departing the boat.

The yacht

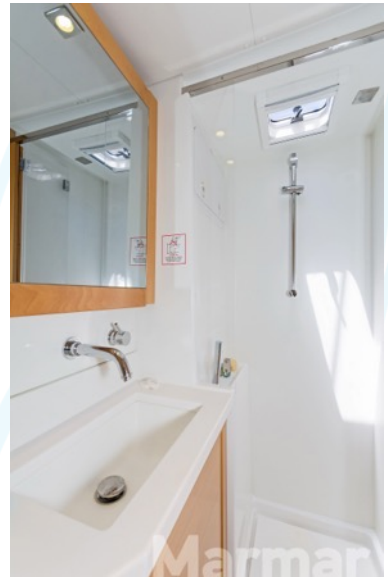
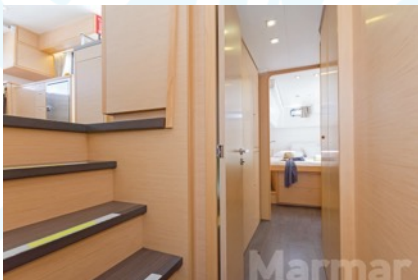
🚢 Lagoon 450 🛏️ 4 total cabins 👤 8 people max 👤 2 crew members

The Lagoon 450 is a superb catamaran; 14m long, it holds up to 8 guests as well as 2 crew members. This Lagoon 450 is well-equipped with air conditioning, a flybridge which allows you to make the most of the sunshine and panoramic views, a television with a Bluetooth player and a generator as well as fans in the bedrooms and the wardroom. This is the dream boat for a catamaran cruise, striking the perfect balance between practicality and intimacy.



The cabin

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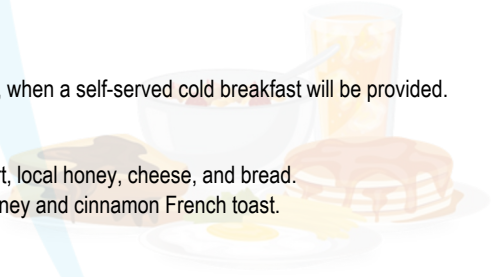


The menu

BREAKFAST

Breakfast will be served daily between 8:30 AM and 10:00 AM, except on the final day, when a self-served cold breakfast will be provided. On this day, breakfast must be completed no later than 8:30 AM.

The breakfast menu includes a selection of milk, coffee, fruit juice, cereal, Greek yogurt, local honey, cheese, and bread. Additionally, Magda will offer a choice of pancakes, Greek-style eggs (omelette), or honey and cinnamon French toast.



EXPERIENCE GREEK CUISINE

A wide variety of Greek salads and traditional local dishes will be offered, including:

- Moussaka
- Soutzoukakia (served with rice)
- Giouvetsi
- Mpriam
- Chicken with potatoes and peas
- Fish baked with green peas and potatoes

All wines served during meals are sourced from the central Peloponnese region. The olive oil is produced in the city of Koroni (southern Peloponnese), while the honey comes from central Evia.

The wines have been carefully selected to complement the menu. Guests will also have the opportunity to taste the renowned Greek beverage, Ouzo.



The crew



Mike, your skipper

Mike is of Polish origin and speaks fluent English. He has been sailing for over 15 years on catamarans and monohulls worldwide (Greece, Croatia, Tanzania, Sweden...) Greece is one of his favorite destinations. His knowledge of the sailing area will enable you to discover the most beautiful places on the Saronic Gulf.



Magda, your hostess

Magda is a Polish nurse and speaks fluent English. A few years ago, she decided to combine her passion for the sea and her care for her patients. This is how she began to travel the Aegean Sea as a hostess/cook on sailing boats. She'll be cooking up delicious local dishes to delight your taste buds.